

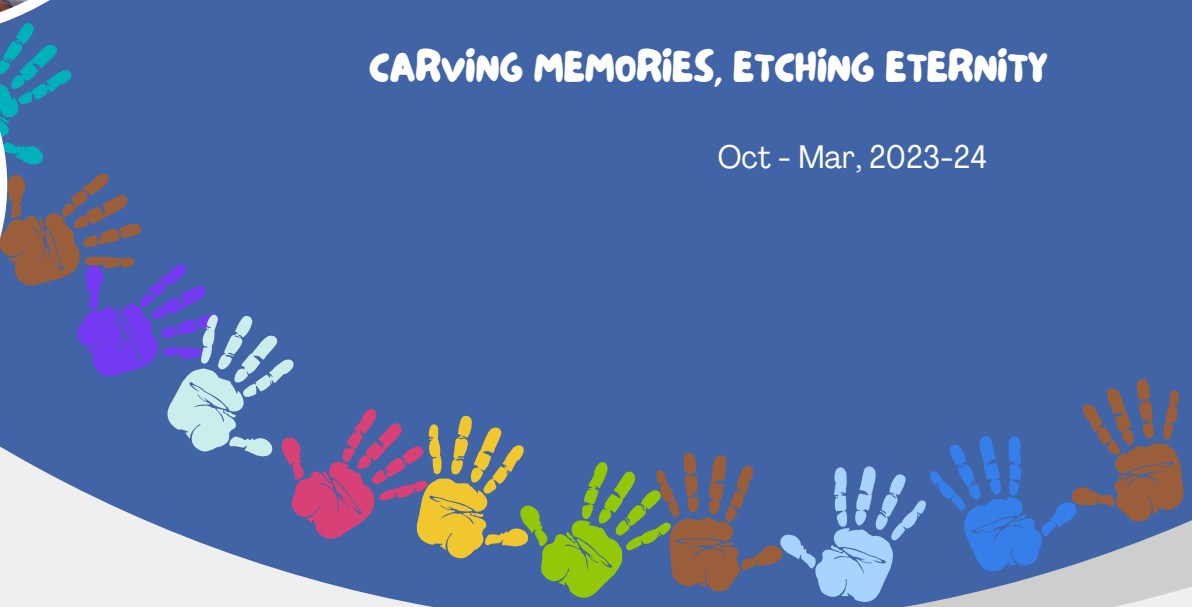


SHISHYA

IMPRESSIONS

CARVING MEMORIES, ETCHING ETERNITY

Oct - Mar, 2023-24



**“Develop a passion for learning. If you do, you will never cease to grow.”
– Anthony J. D’Angelo**

Our Mission

To nurture children who:

- will be able and upright citizens of the country and the planet
- have the knowledge and capability to be leaders of tomorrow
- are equipped with the skills to prosper in a competitive world
- value and cherish their heritage while respecting that of others
- appreciate the value of life-long learning by providing a caring, nurturing and safe school environment

Our Vision

To achieve excellence in imparting true knowledge.

Our Motto

Striving for excellence always

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Editor's Pen



*“Real successes are made,
Not dropped aside your door.
They aren't a thought you made one night,
While wishing upon a star.
Real successes are thought,
To be given to only the great.
They think that they work just as hard,
And they should have that fate.”*

Dear Readers,

Success indeed is a simple yet complex word. Throughout our lives, we pursue success and teach our children to achieve it. But do we know the broader meaning of this prized word? Success, with many connotations, is often measured in terms of materialistic things, the privileges we receive, and, at times, the way we are perceived by society. In my perspective, success exceeds these benchmarks; it is the level of contentment attained the pleasure of performing to our potential, and the joy of delivering the best and being lauded for our efforts.

Success is synonymous with being meticulous, perseverant, painstaking, and diligent. The path to success imparts invaluable life skills, teaching us resilience in the face of challenges and the importance of learning from setbacks, rather than succumbing to stress and anxiety.

At SHISHYA BEML, we believe that each child is inherently 'unique,' possessing individual abilities and talents. Our educational philosophy revolves around nurturing these distinctive qualities. SHISHYA BEML is committed to instilling in students the values of calmness during trials, fair play, patience, and respect for diversity and differing opinions. Above all, we emphasize the development of honesty and integrity in character, ensuring that success is not achieved at the expense of ethical considerations.

SHISHYA BEML strives to nurture a mind-set where success coexists pleasantly with values and ethics, recognizing that true fulfilment is a balance between achievements and principles. Thus, we are delighted to share that our school has accomplished important goals in the academic year 2023-2024. The students have not only excelled in their achievements but have also shown outstanding commitment to ethical principles. This has raised a flourishing environment that truly reflects a sense of accomplishment.

Our School Newsletter, "IMPRESSION: 'Carving Memories, Etching Eternity' undoubtedly glorifies our perception and definition of 'success' and celebrates our students' success in different events and competitions, wherein our students participated and brought numerous laurels to the school; the successes reflect their hard work and joy of our students in different fields, all captured and shared by the editorial team. It's a wonderful representation of our students' dedication and perseverance.

In closing, I extend my sincere gratitude to the entire editorial team for their enthusiasm and great efforts, which have successfully culminated in yet another edition of the School Newsletters. Let's uphold our school's legacy with a commitment to quality and innovation which truly sets a high standard for all of us.

Together, let's build on this success and reach even greater heights in the future.

Happy Reading!

Manju Sharma
PGT English



From the Vice Principal's desk

"The only way to live is by accepting each minute as an unrepeatable miracle."

-Jack Kornfield.

Greetings to everyone!

Hope you all are hale and hearty!

This personifies the core philosophy of mindfulness, urging us to root ourselves in the present moment and fully embrace the richness it offers; it also allows us to appreciate the essence of eternal existence of life to its fullest potential and discover profound pleasure in the simplicity of each moment."



Mindfulness, often associated with meditation practices, is the art of being fully present and engaged in the current moment, without judgment or distraction. In today's fast-paced world, where distractions abound and stress levels soar, cultivating mindfulness has become increasingly crucial for mental well-being and overall happiness.

Staying in the present moment allows us to fully experience life as it unfolds, rather than dwelling on the past or worrying about the future. By anchoring our attention to the present, we can better appreciate the simple joys of life and find contentment in the here and now.

Practicing mindfulness involves tuning into our senses, observing our thoughts and emotions without getting swept away by them, and cultivating a sense of acceptance and compassion towards ourselves and others. It enables us to respond to life's challenges with clarity and equanimity, rather than reacting impulsively out of fear or frustration.

Research has shown that regular mindfulness practice can lead to numerous benefits, including reduced stress, improved focus and concentration, enhanced emotional regulation, and greater overall resilience. Moreover, staying present can deepen our connections with others and foster a greater sense of empathy and understanding.

In conclusion, mindfulness offers a powerful antidote to the stresses and distractions of modern life, allowing us to live more fully and authentically in the present moment. By nurturing this practice, we can cultivate a greater sense of peace, purpose, and well-being in our lives.

Warm regards,

Mrs Bindu Lekha
Vice Principal, SBPS.



Message from Coordinators



Health and well being

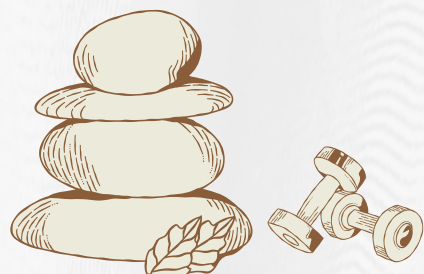


Health and well-being plays a significant role in the holistic progress of a student. In the pursuit of academics, it is important to not overlook the significance of caring for your physical, mental, and emotional health. Any regular physical activity will positively impact your mind and body and hence your academic performance.

Choose activities you enjoy, be it sports, dance, or yoga, and make them a part of your routine. Consider what you eat. A balanced diet with fruits, vegetables, and whole grains is crucial for a healthy body, laying the foundation for a healthy mind. In the realm of mental and emotional well-being, practice mindfulness and meditation to manage stress. Seeking support when needed is a sign of strength. Balance academic commitments with hobbies and interests. They're not just leisure; they contribute to a well-rounded life. Life skills matter. Time management, effective communication, and resilience are tools for navigating life's challenges. Embrace opportunities to develop these skills.

In conclusion, your health and well-being are keys to both success and happiness. Small, sustainable practices in your daily life can make a significant difference. Take pride in nurturing your physical, mental, and emotional well-being for a healthier and happier journey ahead.

Shilpa Nair
Coordinator
Grade IX-XII



Preprimary Adventures

Embracing Diversity: Cultural Celebrations in the Pre-Primary Wing

In the vibrant realm of the pre-primary wing, cultural celebration takes centre stage, fostering an environment where young minds learn to embrace and appreciate the richness of diversity. Through engaging activities such as dress-up days, arts and crafts inspired by various cultures, and hands-on learning experiences, pre-schoolers embark on a delightful journey of cultural exploration.

Janmashtami Celebration: The festivities kick off with the Janmashtami celebration, where tiny tots transform into Lord Krishna and Radha, immersing themselves in the joy of the occasion. From enchanting stories on smart boards to rhythmic garba dances and breaking the treasure-filled dahi handi, this celebration not only brings fun but also imparts valuable lessons from Indian culture and mythology.



Dussehra Celebration: Dussehra unfolds as students across pre-primary classes engage in a creative exploration of the Rama and Ravana saga. Craft activities, paper cup decorations, and dressing up as iconic characters contribute to an event that not only entertains but also imparts moral lessons, reinforcing the triumph of good over evil.



Halloween Day: A memorable Halloween costume day brings a playful spirit to the pre-primary wing. Unique costumes, a delightful parade, and engaging craft activities contribute to an atmosphere of fun, creativity, and social interaction, providing a friendly environment for the little ones.





Preprimary Adventures...



Embracing Diversity: Cultural Celebrations in the Pre-Primary Wing

Onam Celebration: Onam, a renowned festival from Kerala, takes the spotlight as pre-primary students don traditional attire and partake in discussions about the festival. The creation of a beautiful 'Pookalam' further immerses them in the cultural ethos, emphasizing the values embedded in diverse celebrations.



Diwali Celebration: Diwali, the festival of lights, envelops the pre-primary wing in joy and colour. Through vibrant attire, arts, and crafts activities, storytelling sessions, and a focus on cultural significance, children learn about the triumph of light over darkness, fostering a sense of tradition and creativity.



Christmas Celebration: The Christmas party becomes a lively and joyful affair with festive decorations, gift exchanges, and creative activities. From decorating Christmas trees to crafting origami paper crafts, the day emphasizes the joy of sharing and the art of giving, all while immersed in the magic of the holiday season.



Pongal Celebration: The multicultural journey concludes with a vibrant Pongal celebration, featuring captivating dance performances and engaging activities like kite decoration and Pongal-themed drawings. The day brims with enjoyment and merriment as students showcase their creativity through pot decorations.



Conclusion: Creating a multicultural environment in the pre-primary wing not only cultivates early appreciation for different cultures but also lays the foundation for a more inclusive worldview. Through these cultural celebrations, children not only learn about the world around them but also develop a deep respect for the uniqueness that defines each culture. These festivities act as bridges, connecting young minds to the rich tapestry of human heritage and fostering a sense of unity in diversity.



Message from HSCP Coordinator



Ensuring Student Safety: A Comprehensive Approach to Health and Safety Activities at SBP School

In any educational setting, the well-being of students is paramount. Implementing a robust health and safety program is crucial for creating a secure environment for both learning and personal development. Here are the key activities that our School contributes to a safe school environment:

- 1. Emergency Preparedness:** We conduct fire drills and evacuation procedures to ensure students and staff are well-prepared for various emergency situations.
- 2. Risk Assessments:** It has been regularly assessed and mitigated potential hazards in classrooms, labs, playgrounds, and other areas to prevent accidents and injuries. We keep a record of all incidents, including vandalism and accidents, if they happen.
- 3. Health Education:** We provide comprehensive health education programs, including sessions on topics such as hygiene, nutrition, mental health, and disease prevention.
- 4. First Aid Training:** We ensure staff members and student council are trained in first aid to respond promptly to injuries or medical emergencies.
- 5. Sanitation and Cleanliness:** Maintain a high standard of cleanliness throughout the school premises, emphasizing proper sanitation practices to prevent the spread of
- 6. Safe Playground Practices:** We establish and enforce safety guidelines for the playground, promoting responsible behaviour and minimizing the risk of injuries during recreational activities.
- 7. Supervision Protocols:** the school aims to implementing effective supervision strategies to monitor students during class transitions, breaks, and extracurricular activities.
- 8. Cybersecurity Awareness:** The capable team is there to educate students on safe internet practices, addressing online bullying, privacy concerns, and the responsible use of technology.
- 9. Regular Inspections:** It is very important to ensure the overall well-being of children, thus, we conduct routine inspections of facilities, equipment, and school grounds to identify and address any potential safety issues promptly.
- 10. Anti-Bullying Campaign:** To foster a culture of respect and inclusion among children, we implement programs and activities designed to prevent and address bullying within the school community.

By prioritizing these health and safety activities, school creates an environment where students can thrive academically while feeling secure and supported in their overall well-being.

Ashmeena Pandita
HSCP Coordinator





TEACHER'S MESSAGE



Health and well being

Health and well-being are integral components of a fulfilling and meaningful life. While health often refers to the absence of illness or disease, well-being encompasses a broader sense of happiness, contentment, and overall life satisfaction. Achieving optimal health and well-being involves a holistic approach that encompasses physical, mental, emotional, and social aspects of life.

Physical Health:

Maintaining physical health is the cornerstone of overall well-being. This involves adopting a lifestyle that promotes good nutrition, regular exercise, and sufficient sleep. A balanced diet, rich in nutrients, supports bodily functions, while regular physical activity contributes to cardiovascular health, muscle strength, and flexibility. Quality sleep is essential for physical recovery, cognitive function, and immune system maintenance. Prioritizing these elements creates a strong foundation for a healthy body.

Mental Health:

Mental health is an integral part of well-being, encompassing emotional and psychological aspects. Practices such as mindfulness, meditation, and stress management contribute to mental resilience. It is crucial to be aware of and address mental health issues, seeking professional help when necessary. Positive self-talk, fostering a growth mindset, and engaging in activities that bring joy and fulfillment contribute to a positive mental state.

Emotional Well-Being:

Emotional well-being involves understanding and managing one's emotions effectively. It encompasses self-awareness, empathy towards others, and the ability to build and maintain positive relationships. Cultivating emotional intelligence, expressing oneself creatively, and finding purpose in daily activities contribute to emotional well-being.

Social Connections:

Human beings are inherently social creatures, and strong social connections play a vital role in well-being. Building and maintaining healthy relationships with friends, family, and community create a support system that enhances emotional resilience. Regular social interactions foster a sense of belonging and provide opportunities for shared experiences and support.

Lifestyle Choices:

Making mindful lifestyle choices is key to promoting health and well-being. Avoiding harmful habits such as smoking, excessive alcohol consumption, and poor dietary choices contributes to long-term physical well-being. Additionally, finding a balance between work and personal life, setting realistic goals, and engaging in activities that bring joy and satisfaction contribute to a healthier lifestyle.

Preventive Healthcare:

Regular health check-ups and preventive measures are essential for maintaining well-being. Early detection of potential health issues allows for timely intervention, reducing the risk of complications. Adopting a proactive approach to health, including vaccinations, screenings, and healthy lifestyle choices, contributes to overall well-being.

Conclusion:

Health and well-being are dynamic and interconnected aspects of life that require continuous attention and effort. A holistic approach that addresses physical, mental, emotional, and social well-being is crucial for achieving optimal health. By adopting positive lifestyle choices, building strong social connections, and prioritizing mental and emotional health, individuals can embark on a journey towards a more fulfilling and balanced life. Regular self-reflection and a commitment to personal growth contribute to an ongoing pursuit of health and well-being throughout the various stages of life.

Pallavi Soundade
Head of the Department
English



“Let’s Learn, Let’s Grow”



Develop a passion for learning. If you do, you will never cease to grow.

- Anthony J D’Angelo

Learning is like planting a garden. Each seed of curiosity we plant, grows into a beautiful tree of knowledge. Learning and growing is an integral part of everyone’s life. Learning is a continuous and a never ending process. Learning does not only constraint to school but it goes beyond it.

Learning can be executed by various aspects like reading, listening, seeing, observing, speaking etc. Every child or an individual learns through all these aspects in their life. Learning fosters the overall development or growth of an individual. Growth here is not only confined to academic or professional growth but it leads to the overall growth. It makes an individual a good human being.

When people live in societies, they grow socially into a successful human being. It makes any individual a good decision maker. He/she can take important decisions in their life and feel motivated to grow more. This self realisation helps an individual embark on the voyage of learning, achievements, success and growth. Small steps of growth bring a drastic change in life.

When each and every individual grows in a country it will lead to the overall growth of the country.

Gayatri Yadav
Teacher (Grade III - V)





PARENT'S MESSAGE



Let's Learn, Let's Grow



Learning is a continuous process. We start learning from the day we are born. The trick is to ensure that we continue to learn till the last day of our life.

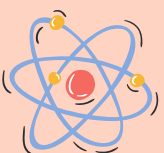
As kids, we are naturally curious about everything around us. We want to explore new things, understand new information and figure out how things work. This is also the right time to introduce them to the habit of learning. Encouraging them to be curious, helping them find answers to their questions, allowing them to pursue their interests are a few things that parents can do to nurture the habit of learning.

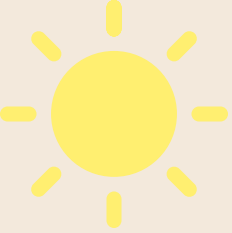
The challenge, of course, is to remain a learner as we grow up. Caught up in lot of things, priorities and responsibilities, grown-ups find it difficult to find time for their interests. Slowly, the curiosity factor slows down and mind starts to be passive. It's important to avoid this trap! The moment we think we know things is the moment we stop growing. Never allowing that to happen should be one goal.

With the advent of internet, social media, etc. there is an overload of information in our lives. We have information at our finger tips about anything and everything at all times. This has led to the misconception that knowing or having information is learning and makes us less curious and less explorative. It is important to realise that knowing is only a small part of learning, instead the key is to do things and have experience that teach us every day. This everyday learning is what makes us grow and become better human beings.

Let's remain curious, let's learn and let's continue to grow!

Harish Sharma
Parent of Eshaan Sharma V D





Memorable Days



Pink day



Heavy & Light activity



Sweet & Sour activity



Field trip to Bysandra lake



English Enrichment Programme



EEP - Story telling



Halloween day



Story telling



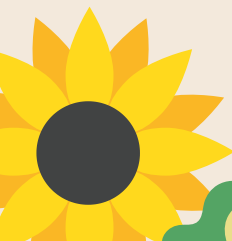
Diwali take away



Prep II - Parent event



Cooking without fire



School Assembly

Special assemblies hold a special place in the school curriculum. These are theme based assemblies facilitating students' learning, teaching them to think critically and participate eagerly in a wide variety of programmes. Special Assemblies enable the students to delve deep into a topic, analyse it, research on it and interpret it thereby giving birth to a new thought process. With the purpose to discover the innate potential of the students, they learn a deeply positive attitude to life, enduring happiness and heartfelt relationships. The basic task is to chisel the skills of the students and enhance their confidence and effective communications skills.

Primary- Grade I-II



Primary- Grade III-V



Middle School Assemblies



High School Assemblies



CO-CURRICULAR ACTIVITIES – Aesthetic Enjoyment yet Unlocking Potential



Rangoli Competition



Maths Parody



Tangram activity



Leaf activity



Board decoration activity



Origami face making



Snowman making activity



SOCIAL EMPOWERMENT THROUGH WORK EDUCATION & ACTION (SEWA)

SBPS INGRAINED WITH VALUES OF COMPASSION & EMPATHY

SHISHYA School has introduced the SEWA (Social Empowerment through Work Education & Action) program as one of the CBSE initiatives designed to incorporate social awareness into the regular curriculum of the school, addressing real-world problems, and serving the global community. The program aims to empower learners through experiential learning, promoting the development of active, caring, and compassionate individuals. SEWA contributes to the intellectual, personal, social, and emotional growth of every individual.

Students across all grades are required to participate in the SEWA program throughout the academic session. The activities, whether conducted within the school as part of Eco-clubs, Literary Clubs, Sports, or outside the school as community outreach activities, are considered Social Empowerment activities. Keeping this objective in mind, students across all grades engage in various activities under themes such as 'Dignity of Labour', etc., writing articles, creating posters, making cards, conducting interactions/interviews, preparing first-aid boxes, organizing quiz sessions, and performing skits. Therefore, students involved in this program are expected to become lifelong learners, understand the importance of the theme, and emphasize that it is not merely an option but a crucial necessity for our society. This learning is made possible by the school, giving them a first-hand experience and understanding of the same.



ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ



“ಕನ್ನಡವೆನೆ ಕುಣಿದಾಡುವುದೆನ್ನೆದೆ, ಕನ್ನಡವೆನಕಿವಿ ನಿಮಿರುವುದು” ಎಂದು ಕನ್ನಡ ತತ್ವವನ್ನು ಉಣಪಡಿಸಿದ ಕವಿ “ಕುವೆಂಪು”ರವರಿಗೆ “ಹಚ್ಚೇವು ಕನ್ನಡದ ದೀಪ” ಎಂದು ಕನ್ನಡಿಗರ ಮನೆ ಎಲ್ಲಿ ದೀಪ ಹಚ್ಚಿ ಬೆಳಕನ್ನು ವಿಶ್ವಕ್ಕೆ ಪರಿಸುವಂತೆ ಮಾಡಿದ “ಡಾ. ಡಿ. ಎಸ್ ಕರ್ಕಿ”

ಅವರಿಗೆ ಹೀಗೆ ತಮ್ಮ ಕಾವ್ಯಗಳ ಮೂಲಕ ಪ್ರತ್ಯಕ್ಷ ಹಾಗೂ ಪರೋಕ್ಷವಾಗಿ ಕರ್ನಾಟಕ ಏಕೀಕರಣಕ್ಕಾಗಿ ಶ್ರಮಿಸಿದ ಎಲ್ಲರಿಗೂ ನನ್ನ ಸಹಸ್ರಕೋಟಿ ನಮನಗಳನ್ನು ಸಲ್ಲಿಸುತ್ತಾ ಪ್ರತಿ ವರ್ಷ ನವೆಂಬರ್ 1ರಂದು ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ ಎಂದು ಕರ್ನಾಟಕದಾದ್ಯಂತ ಆಚರಿಸಲಾಗುತ್ತದೆ. ಇದರ ಅಂಗವಾಗಿ ಶಿಷ್ಯಬಿಇಎಂಎಲ್ ಪಬ್ಲಿಕ್ ಶಾಲೆಯಲ್ಲಿ ನಂಬರ್ 2ರಂದು ವಿಶೇಷ ಸಭಾ ಕಾರ್ಯಕ್ರಮವನ್ನು ಅತಿ ಉತ್ಸಾಹ ಹಾಗೂ ಸಂಭ್ರಮದಿಂದ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಆಚರಿಸಲಾಯಿತು. ಇದು ಕರ್ನಾಟಕದ ಸಂಸ್ಕೃತಿ ಹಾಗೂ ಇತಿಹಾಸದ ಪರಿಚಯ ಮಾಡಿಕೊಳ್ಳಲು ನಮ್ಮೆಲ್ಲರ ಪಾಲಿಗೆ ದೊರೆಯುವ ಸುಸಂದರ್ಭವಾಗಿದೆ. 1956 ನವೆಂಬರ್ 1 ಆಯೋಗದ ಶಿಫಾರಸಿನಂತೆ ಮೈಸೂರು ಪ್ರಾಂತ್ಯ ರಚನೆಯಾಯಿತು ಈ ಏಕೀಕರಣಕ್ಕಾಗಿ ಆಲೂರು ವೆಂಕಟರಾಯರು ಆರ್ ಹೆಚ್ ದೇಶಪಾಂಡೆ ಎಸ್ ನಿಜಲಿಂಗಪ್ಪ ಮೊದಲಾದವರು ಹೋರಾಡಿದರು ನಂತರ ಕನ್ನಡ ಭಾಷೆಯನ್ನು ಮಾತನಾಡುವವರನ್ನು ಗಮನದಲ್ಲಿರಿಸಿ 1973ರ ನವೆಂಬರ್ 1ರಂದು ಅಂದಿನ ಮುಖ್ಯಮಂತ್ರಿ ದೇವರಾಜ್ ಅರಸ್ ಅವರ ನೇತೃತ್ವದಲ್ಲಿ ಕರ್ನಾಟಕ ಎಂದು ನಾಮಕರಣ ಮಾಡಲಾಯಿತು. ಇಂದಿಗೆ ಅಂದರೆ 2023 ನವೆಂಬರ್ 1 ಕ್ಕೆ ಈ ನಾಡಿಗೆ ಕರ್ನಾಟಕ ಎಂದು ಹೆಸರು ಬಂದು 50 ವರ್ಷಗಳು ಕಳೆದಿದೆ. ಈ ಭಾಷೆಯ ಪ್ರಾಚೀನತೆ ಸಾಹಿತ್ಯ ಜನಪದ ವನ್ನು ಗಮನಿಸಿ 2008ರಲ್ಲಿ ಅಧಿಕೃತವಾಗಿ ರಾಷ್ಟ್ರೀಯ ಸ್ಥಾನಮಾನ ನೀಡಲಾಯಿತು. ಸಂವಿಧಾನಬದ್ಧವಾಗಿ ಗುರುತಿಸಿದ 22 ಭಾಷೆಗಳಲ್ಲಿ ಕನ್ನಡ ಭಾಷೆಯು ಒಂದು ಎಂಬುದು ನಮ್ಮೆಲ್ಲರ ಹೆಮ್ಮೆಯ ಸಂಗತಿಯಾಗಿದೆ.

ಈ ಕಾರ್ಯಕ್ರಮವನ್ನು ತಾಯಿಶಾರದೆಯನ್ನು ನೆನೆಯುತ್ತಾ ದೀಪ ಬೆಳಗುವುದರೊಂದಿಗೆ ಆರಂಭಿಸಲಾಯಿತು. ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಶ್ರೀಯುತ ಬಿ. ಎಸ್. ವಿಜಯ್ ಕುಮಾರ್ ಆಡಳಿತ ಮುಖ್ಯಸ್ಥರು ಸಿಬಿಎಸ್ಸಿ ಮತ್ತು ಐಸಿಐಸಿ, ನಮ್ಮ ಶಾಲೆಯ ಪ್ರಾಂಶುಪಾಲರಾದ ಶ್ರೀಮತಿ ತೇಜಸ್ವಿನಿ ಸಂಕೇಶ್ವರ್, ಉಪ ಪ್ರಾಂಶುಪಾಲರಾದ ಶ್ರೀಮತಿ ಬಿಂದುಲೇಖ ಸಂಯೋಜಕರಾದ ಶ್ರೀಮತಿ ವಿನಿತಾ ಇವರೆಲ್ಲರ ಉಪಸ್ಥಿತಿ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಇನ್ನಷ್ಟು ಹುರುಪು ಹಾಗೂ ಮೆರುಗನ್ನು ತಂದುಕೊಟ್ಟಿತು.

ಕರ್ನಾಟಕದ ಸಂಸ್ಕೃತಿ ಹಾಗೂ ಇತಿಹಾಸದ ಶ್ರೀಮಂತಿಕೆಯನ್ನು ಬಿಂಬಿಸುವಂತಹ ವಿವಿಧ ಸಾಂಸ್ಕೃತಿಕ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು 1 ರಿಂದ 10ನೇ ತರಗತಿಯ ವಿದ್ಯಾರ್ಥಿಗಳು ಅತ್ಯಂತ ಸೊಗಸಾಗಿ ಪ್ರದರ್ಶಿಸಿದರು. 1 ಮತ್ತು 2ನೇ ತರಗತಿ ವಿದ್ಯಾರ್ಥಿಗಳು ಜನಪದ ಸಾಂಸ್ಕೃತಿಯನ್ನು ಬಿಂಬಿಸುವಂತಹ ಜನಪದ ಗೀತೆಯನ್ನು ಹಾಡಿನ ಮೂಲಕ ಪರಿಚಯಿಸಿದರು. ಕನ್ನಡದ ರಸದ ಶ್ರೀ ವಿಶ್ವ ಮಾನವ ಸಂದೇಶವನ್ನು ಸಾರಿದಂತಹ ರಾಷ್ಟ್ರಕವಿ ಕುವೆಂಪುರವರ ಪರಿಚಯ ಅವರ ಹಾಡು ಹಾಗೂ ಸಂದರ್ಶನದ ಮೂಲಕ ಮಲೆನಾಡಿನ ಅಂಟಿಗೆ ಪಿನ್ರಿಗೆ ಎಂಬ ವಿಶಿಷ್ಟ ಸಂಸ್ಕೃತಿಯ ಸಂಸ್ಕೃತಿಯನ್ನು ಪರಿಚಯಿಸಿದರು. ಕರ್ನಾಟಕದ ಹೆಮ್ಮೆಯ ದಸರಾ ಉತ್ಸವದ ಪರಿಚಯ ಅಂಬಾರಿ ಮೆರವಣಿಗೆ ಕೊಡಗು ನೃತ್ಯ, ವೀರಗಾಸೆ, ಕೋಲಾಟದಂತಹ ಪ್ರದರ್ಶನಗಳನ್ನು ಮಾಡಲಾಯಿತು. ಪ್ರಸಿದ್ಧ ಕನ್ನಡಾಡಿ ಕಟ್ಟಿಯನ್ನು ನಿರ್ಮಿಸಿದಂತಹ ಸರ್ ಎಂ ವಿಶ್ವೇಶ್ವರಯ್ಯ ರವರ ಸಾಧನೆಯ ಪರಿಚಯವನ್ನು ಸಹ ಕಿರು ನಾಟಕದ ಮೂಲಕ ಪ್ರದರ್ಶಿಸಲಾಯಿತು.



ಮುಖ್ಯ ಅತಿಥಿಗಳಾದ ಶ್ರೀಯುತ ವಿಜಯಕುಮಾರ್ ರವರು ಕನ್ನಡ ಭಾಷೆಯ ಹಿರಿಮೆ, ಗರಿಮೆಯನ್ನು ಹಾಗೂ ಅದೊಂದು ಸುಲಭ ಸರಳ ಭಾಷೆ ಎಂಬುದನ್ನು ತಮ್ಮ ಅಮೂಲ್ಯ ಮಾತುಗಳಿಂದ ವ್ಯಕ್ತಪಡಿಸುವರು. ನಮ್ಮ ಶಾಲೆಯ ಕುರಿತು ಸ್ವತಃ ರಚಿಸಿದಂತಹ ಒಂದು ಕವಿತೆಯನ್ನು ಪ್ರಸ್ತುತಪಡಿಸಿದ್ದು ಬಹಳ ವಿಶೇಷವಾಗಿತ್ತು. ಕನ್ನಡ ವಿಭಾಗದ ಮುಖ್ಯಸ್ಥರು ಭಾಷೆಯ ಹಾಗೂ ಕರ್ನಾಟಕದ ಇತಿಹಾಸ ಹಾಗೂ ವೈವಿಧ್ಯತೆಯ ಕುರಿತು ಇನ್ನಷ್ಟು ಮಾಹಿತಿಯನ್ನು ಮಕ್ಕಳಿಗೆ ತಿಳಿಸಿದರು.

ಇಂತಹ ಭಾಷೆ ಹರಿವ ನದಿ ಇದ್ದಂತೆ. ಹೇಗೆ ನದಿಯು ಹರಿಯುತ್ತಾ ತನ್ನ ಸುತ್ತಮುತ್ತ ಪ್ರದೇಶವನ್ನು ಫಲವತ್ತಾಗಿ ಸುತ್ತದೆಯೋ ಹಾಗೆ ಭಾಷೆ ತನ್ನೊಂದಿಗೆ ಅದರ ಪ್ರಾಚೀನತೆ, ಸಂಸ್ಕೃತಿ ಜನಜೀವನ ಕಾಲಘಟ್ಟ ಎಲ್ಲವನ್ನು ಸಮೃದ್ಧವಾಗಿರುವುದು. ಹೀಗಾಗಿ ಈ ಭಾಷೆಯನ್ನು ಕಲಿತು, ಹೆಚ್ಚು ಪುಸ್ತಕಗಳನ್ನು ಓದುವ, ಸೃಷ್ಟಿ ಮಾತನಾಡಲು ಕಲಿತು ಭಾಷೆಯನ್ನು ಇನ್ನಷ್ಟು ಶ್ರೀಮಂತ ಗಳಿಸುವ ಜವಾಬ್ದಾರಿ ನಮ್ಮೆಲ್ಲರದಾಗಿದೆ. ನಾಡಗೀತೆಯೊಂದಿಗೆ ಕಾರ್ಯಕ್ರಮವನ್ನು ಮುಕ್ತಾಯಗೊಳಿಸಲಾಯಿತು.

ಮನದೊಳಗೆ ಕನ್ನಡ ಮನಸ್ಸಿನೊಳಗೆ ಕನ್ನಡ
ಕನ್ನಡವೇ ಎಲ್ಲಾ ಕನ್ನಡವಿಲ್ಲದೆ ಬೇರೇನೂ ಇಲ್ಲ
ನಮ್ಮ ತಾಯಿ ಭಾಷೆ ಕನ್ನಡ
ಜೈ ಹಿಂದ್ ಜೈ ಕರ್ನಾಟಕ ಮಾತೆ

ವಸುಧಾ. ಕೆ. ಟಿ
ಕನ್ನಡ ಶಿಕ್ಷಕಿ

CHILDREN'S DAY

"Only children believe they are capable of everything"
- Paulo Coelho

Unquote, only children believe they're capable of everything because they're believing and confident in trying new things; they believe in their own power, for which Shishya helps them to be well connected and instill the values and teachings of the Great leader Pandit Jawaharlal Nehru. Therefore, Children's Day was celebrated as an ethnic day; students wore beautiful traditional attire and fully enjoyed some fun games, sang songs, and performed activities. With the help of these special celebrations, the school always aims to raise a sense of reverence and respect for the significance of such events.



SPORTS DAY; ATHLETICA 2023

"Sports teaches you character, it teaches you to play by the rules, it teaches you to know what it feels like to win and lose, it teaches you about life."

- Billie Jean King (American Tennis player)

Sports improves our competence,
Brings into life top level brilliance.
Sports brings out our mettle,
Give strength to face life's battle.
Sports are the keys to self-reliance,
Way to accept mistakes without defiance.
Sports illuminate Team spirit,
Inculcate in students the noble habit.

The annual Sports Day, Athletica 2023, was a vibrant celebration of athleticism, unity, and community spirit at our school. Athletes, supporters, and staff came together to celebrate physical expertise and teamwork, representing our school's philosophy of 'Together We Achieve'.

We were honored to have Ms. Bharathi BL, an esteemed International Athlete and Vice President of KARNATAKA ATHLETIC ASSOCIATION, as our Chief Guest. Ms. Bharathi's outstanding achievements in Athletics and her dedication to youth fitness are truly inspiring. We also had Mr. Dhanush Babu, an Indian speed skater, grace the occasion with his presence. His exceptional accomplishments, including being declared the Fastest Skater of the Country multiple times, have brought pride to the state and the nation.

The event began with a grand March past, as students marched in precision, showcasing their unity and pride in representing their respective houses. Following the March past, an invocation dance captivated the audience, setting the tone for the day with its graceful movements and powerful representation. It left the spectators mesmerized with awe-inspiring performances.





The lighting of the torch symbolized the athletes' steadfast commitment and hard work, marking the beginning of the Sports Meet 'ATHLETICA 2023'. This ceremony personified hope, unity, and triumph over adversity, setting the ground for an exciting journey ahead. Hence, the Athletica torch, passed from one torchbearer to another, symbolized the continuity of dedication and passion for sports. As it blazed brightly, it not only illuminated the track but also ignited the spirit of competition and companionship among all the participants. Each torchbearer carried it with pride, knowing they were part of a legacy of brilliance that would inspire future generations of athletes. In its glow, we not only witnessed the accomplishments of individual achievements but also experienced the collective strength of our school community. Thus, the torch symbolically dispelled darkness, illuminating hope for all.



The Chief Guest, Ms. Bharathi BL, officially declared the commencement of the Sports Meet 'ATHLETICA 2023'. When the tricolor balloons were released along with a pair of white pigeons to mark the peaceful start of the event, the atmosphere was filled with anticipation and excitement. The various displays and events showcased the several talents of our students, including Yoga, Aerobics, Pyramid Display, Multi-sports display, Fan display, Cycle formation, Alumni event, Tug of war, and Band Display. Each performance highlighted the dedication and skill of our participants.

In her inspiring address to the audience, Chief Guest Ms. Bharathi BL congratulated and appreciated the remarkable efforts of the students, recognizing their hard work, determination, and spirit of sportsmanship. Her heartfelt words of encouragement and praise served as a source of inspiration for all present at the event.



The event concluded with the Closing March, Trophy March led by House Captains, and the presentation of awards including Champ of Champs, Best March Past House, Overall Championship, and Flag Handing over ceremony. The School Captain's vote of thanks at the closing ceremony reflected the cohesive and celebratory atmosphere of the entire event.

Indeed, Athletica 2023 was a remarkable success, highlighting the dedication of our students, staff, and supporters. It was a day filled with joy, unity, and a celebration of the incredible impact of sports in raising togetherness and inspiration. The School Captain's vote of thanks at the closing ceremony reflected the cohesive and celebratory atmosphere of the entire event.

Indeed, Athletica 2023 was a remarkable success, highlighting the dedication of our students, staff, and supporters. It was a day filled with joy, unity, and a celebration of the incredible impact of sports in raising togetherness and inspiration.



Annual Day 2023 by Preprimary and Primary classes

Great things are done by a series of small things brought together.

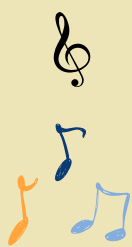
-Vincent Van Gogh

Annual day celebration is an eagerly awaited event in every educational institution. It is a day when students get to showcase their talents, and everyone comes together to celebrate their achievements. The annual day celebration is a perfect platform for students to exhibit their skills in front of their peers, teachers, parents, and a large audience. Annual function is not only a day to celebrate joy, pride, unity, and a reflection of the values we instil, but it also something special that everyone looks forward to every year.

The school celebrated its Pre-primary & Primary wing's Annual Day on the themes Happily Ever After (by Nursery & Prep), The Seven Wonders Fiesta (by grade I & II) and Odyssey – A Magical Journey across India (by grades III to V). The program commenced by offering prayers to God through invocation song/dance. Throughout the event, the performances and activities presented by the children were a treat to watch that left everyone spellbound. It was a moment of pride for both teachers and parents to witness their children performing with such confidence and skill, thus, the audience in the auditorium cheered and applauded enthusiastically as soon as the students finished their performances.

The Grand Finale not only marked the closing of the remarkable event, but it also left a lasting impact on everyone and creating unforgettable memories of an epic journey.

Therefore, each day of celebration was radiated with joy, gratitude, and festivity, highlighting the collaborative efforts of students, staff and parents alike.



Republic Day

Shishya BEML School celebrated India's 75th Republic Day with great éclat. The program began with the flag hoisting ceremony by the School Principal along with the guest of the event, after which the students saluted the National flag, sang the National anthem, displayed march past with precision and discipline, and pledged to uphold the honor and integrity. The choir group presented the patriotic songs, exuberant dance performances. Welcome address was delivered by Bhavish D Sairam of Class V & sec C respectively. The students brought the stage alive with their passion and love of the motherland through their performances. We had an inspiring speech in English by Akshaj of Class III B and a stunning display of acrobatics mixed with graceful yoga asanas, captivated the audience with their agility and balance and flexibility. The Principal addressed the students and urged them to do their best and feel proud to be Indian. The celebration came to an end by presenting a melodious musical rendition by the group of students of Classes III, IV, V and VI; the school reverberated with patriotic fervor and enthusiasm by our school choir song.



Farewell Ceremony - Grade X - Batch 2023-24

The vibrant farewell ceremony for the outgoing Class X students was held on Friday, 29th January 2024, creating a nostalgic yet cheerful atmosphere. Students of Class IX gathered to celebrate the cherished moments spent together with their friends and teachers. The event began with a traditional Invocation dance, seeking the blessings of God Almighty. The program continued with a skit and a group song, presenting the enthusiasm of the students. The auditorium was beautifully decorated, dazzling the charm of the occasion, with shining stars and stellar performances.

The highlight of the ceremony was the heartfelt extension of best wishes to the departing Class X students. Each student was acknowledged for their dedication, receiving a citation and a token of appreciation. It was an emotional time when their teachers started sharing some pleasant experiences and cherished the wonderful moments; the coordinator Ms. Shilpa Nair, added to the inspirational atmosphere by sharing anecdotes and success stories. That left the students enthused and became nostalgic as they cheered, smiled, and even shed a few tears during these memorable moments. Principal Ms. Tejaswani Sankeshwar delivered a motivating speech that received an overwhelming response in the form of loud applause from the students.

One of the students from Class X expressed their gratitude to the educators and school authorities through a heartfelt speech. The grand finale featured Class X students taking the stage for a mesmerizing dance performance, bidding adieu with style.

The ceremony concluded with a splendid meal and a dance session, symbolizing a cheerful yet teary farewell. The overall message of optimism, that despite challenging days, everything will be fine, left a lasting impression. Indeed, the event was a beautiful blend of joy and emotions, marking the end of a chapter for the outgoing Class X students and paving the way for new beginnings. Best wishes were exchanged, and the atmosphere was filled with joy, hope, and positivity as everyone parted ways, knowing that the bonds forged during these school years will forever be cherished.

Best Wishes!





LITERARY SECTION

YOUNG WRITERS



Rithvik Ramaraj
X B



HEALTH AND WELLNESS

Health is referred to as "a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity." The connection between physical and mental health is quite evident in various aspects of our lives. Physical health involves many elements such as ensuring proper sleep, adopting a balanced diet, engaging in regular physical activity, and maintaining good personal hygiene.

On the other hand, mental health comprises emotional, psychological, and social well-being. It is a "state of well-being in which the individual realizes his or her abilities, can cope with the normal stresses of life, can work productively and fruitfully, and can contribute to his or her community." Mental health issues increase the risk of various chronic diseases like heart disease, stroke, and diabetes. Mental health can be improved by practicing mindfulness and relaxation techniques and by maintaining a well-balanced diet.

Wellness is considered 'an active process through which people become aware of and make choices toward a more successful existence.' It is based on four tenets:

- Wellness is considered a conscious, self-directed, and evolving process of achieving full potential.
- Wellness is multidimensional and holistic, encompassing lifestyle, mental and spiritual well-being, and the environment.
- Wellness is positive and affirming.
- In short, health is a state of being, whereas wellness is all about living a healthy lifestyle."

In the end, I would like to state that being healthy means taking care of your body, mind, and soul, while wellness is about making good choices for a better life. Both highlight the importance of living a balanced and healthy lifestyle.

Rithvik Ramaraj
X B





Health and Well-being



Vrishank Kannan & Pranav Menon

IX A

VRUSHANK KANNAN & PRANAV MENON IX - A

HEALTH AND WELL BEING

Bubbles and Crunch

Inside the super market,

SUPER MARKET

HEY BUBBLES!

Buzz off! Don't you know how famous I am?

What do you mean! An Apple a day LITERALLY keeps a Doctor AWAY.

No, I'm better. You use Bubbles, you get no TROUBLES.

But do you know what really matters? Health and Wellbeing

Yes, I agree. It is definitely important.

In order to keep our body healthy, we must make sure we stick to a proper diet, get regular exercise and avoid junk food. We also musn't forget to keep our mind as well, as it is just as important as our body.

Staying hygienic and clean is an easy way to guarantee your mental wellness and a healthy body. Simply cutting your nails, brushing your teeth and having your bath can make you feel a lot better almost immediately.

Good health concerns that how important it is on the care of the human body and everything that can be done to protect it from sickness and intoxication and enable access to car. Well-being is a feeling of satisfaction with life, a state characterized by health, happiness, and prosperity. These factors are continuously in play for an individual's overall state of health and well being to be proper. Health is a state of mind. Wellness is a state of being.

It is not about staying physically clean or healthy, its about staying mentally and emotionally healthy as well.

Good health is not something we can buy. However, it can be **EXTREMELY VALUABLE**

Well being is attained by little and little, and nevertheless is no little thing itself.

Stay Strong, Stay Healthy.





Health and Well-being

Being healthy and fit, in simple terms, means taking good care of the body. We should remember that a healthy mind resides only in a healthy body. The good health of both the mind and body helps one maintain the required energy level to achieve success in life.

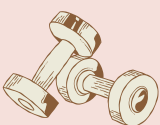


Hithashree
IX B

All of us must strive to achieve wholesome health. Protecting our bodies from the intake of harmful substances, engaging in regular exercise, and maintaining proper nutrition and sleep are some of the essential practices that define a healthy lifestyle.

Being fit allows us to perform our activities without feeling lethargic, restless, or tired. A healthy and fit person is capable of living life to the fullest, without major medical or physical issues. Health is not only related to the physical well-being of a person; it also involves the mental stability or internal peace of an individual. Health is the most important thing that a person should take care of. Leading a healthy lifestyle leads to happiness, success, and achievements.

Hithashree
IX B





Health and Well-being



Avaneesh K
XI B

AVANEESH KASTHURIRANGAN GRADE XI B

HEALTH



WEALTH SAFETY



EACH CONCERNED WITH WHAT YOU CAN BE... SO GO AHEAD AND MANAGE ALL THREE!





Celebrating Privilege

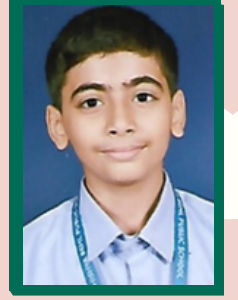
It isn't everyone's cup of tea to celebrate privileges. Only a few have to experience them. However these privileges are to be exercised or utilized effectively. The facilities that we get are to be used in such a way to set an example for others. It is a real achievement and a sense of fulfillment to make use of these privileges for education, development and upliftment of the underprivileged. It is an honor and a matter of pride for our parents if we excel in studies, thus bringing a real celebration of the privilege of learning.

It is not only about educating the self but also extending a helping hand to poor children in providing better education, food and clothing. Donating to the weakest people of society on occasion of birthdays is the real sense of celebration.

Recently, our school had organized "The joy of giving" week, during which we wholeheartedly donated useful things like toys, stationary, clothes, utensils, books. What could be a better way than this to celebrate our privileges?

If every citizen of our country makes up their mind, coming forward in helping others then days are not far to see a developed, educated and healthy nation.

Everyone cannot become or may not be rich, but it is possible through sincerity and hard work to become a notable person.



Samrudh Hedge
VI F

Samrudh Hedge
VI F

The Stars



Preetham BC
VII B

Have you ever wondered
about the stars in the sky?
Where do they go
or do they just fly?

They appear at night by nine
and disappear when the sun shines.
I have no one to talk to.
They are the only friend of mine.

I look every night at the sky.
They comfort me when I cry.
I wish I could be like them
just randomly fly.

Preetham BC
VII B





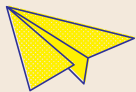
Let's Learn, Let's Grow



V. Daksha
V B

Learning and growing together is important because it fosters a sense of community and collaboration which can lead to improved outcome for everyone involved. It creates a supportive environment where individuals can learn from each others strengths and weaknesses and work together to overcome challenges. Learning and setting goals help to grow successfully and procrastinate the hurdles better. If we fail, it is the reflection of the choices we made. Life is all about learning. Success and failure are a part of the journey and we should never settle down with failures. Learning is like an ocean, so without ego learn new things from people you meet and accept the different views. When we focus on solutions we see more opportunities. Learn with every opportunity, grow as a better human being and be the best version of yourself. Learn happily, grow happily and lead a happy and successful life.

V. Daksha
V B



Let's Learn, Let's Grow



Adit Lingaraddi
IV B

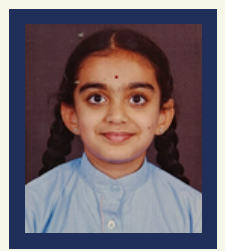
School is a magical place where we embark on exciting adventures of learning. Each day is a new opportunity to discover, explore and grow. In our classroom, we join hands to create a community of learners, where curiosity

is our guide. Together we dive into the sea of knowledge, unlocking the wonders of numbers, letters and the world around us. Our teachers are like gardeners, nurturing our minds with seeds of wisdom. With every lesson we learn, we plant the seeds of curiosity, watching them sprout into understanding. As we learn we not only grow academically but also as individuals building friendship and sharing the joy of discovery. So, lets embrace each lesson with enthusiasm in the garden of education to bloom and flourish.

Let's Learn, Let's Grow where knowledge blossoms and friendships bloom.

Adit Lingaraddi
IV B





Let's Learn, Let's Grow

Taruni Mallela
III E

Learning is not confined to the walls of a classroom. It is a lifelong process. It gives us every opportunity to acquire new skills and enhance our understanding of the world around us. Let's learn, let's grow, lies not only in individual advancement but also in encouraging a culture of shared knowledge. It invites us to learn not just for personal gain but also for the betterment of the society. By embracing the ethos of "Let's Learn, Let's grow" we embark on a journey of perpetual discovery, a world where knowledge is not only valued but also shared, leading to a brighter and a more harmonious future for all.

Taruni Mallela
III E



Let's Learn, Let's Grow



Roshini R.M.R
II B

Hey, Little Champs!

Learning is key to our growth.

Through learning, we gain knowledge and new skills. With the right use of our knowledge and skills, we can grow ourselves and our society. Learning is a continuous process in life. Daily habits and practices form the foundation of continuous learning.

Curiosity is one of the most important factors in learning. Developing curiosity helps us to be willing and able to continuously grow, learn, and question what is around.

Continuous learning can have several positive effects on the brain. For example, it can improve the memory, increase creativity, and enhance problem-solving abilities.

This is because the brain is like a muscle; the more you use it, the stronger it becomes. So, never stop learning! Happy learning to all!

Roshini R.M.R
II B





Let's Learn, Let's Grow



Konda Sai Anvika
II D

School is one of the wonders that helps us learn many things and grow together with friends and teachers. Every day I come to school to learn and to spend time with friends. I like the way different teachers teach different subjects. I am always excited and love learning new things. I like the opportunity given to monitor the class, and it comes to everyone.



I am always excited to participate in different activities conducted in class. I liked participating in annual celebrations with lots of fun and joy, practicing every day with friends. I will get to know more about my best friends.



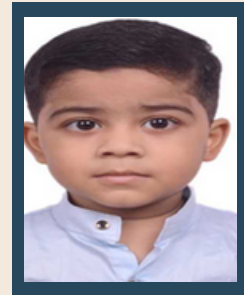
I am always very happy about being named 'Champ of the Week'. Above all, I enjoy sharing my success with friends and family and learning from my failures to be better next time. We should always be learning new things, developing good habits, and sharing knowledge to grow together.

"Let us learn, Let us grow"

Konda Sai Anvika
II D



Let's Learn, Let's Grow



Aditya Samal
I B

Learning is like planting seeds in our minds. We will grow when we learn. Studying is a good thing for our brain. Our brain grows when we study each second, which helps us understand the world around us.

When we learn, we know how to draw a picture, read a story, or count our toys. Each lesson makes us stronger and smarter, like levelling up in a fun game.

Learning together, like sharing our ideas with friends, So, let's explore the amazing world of "Let's Learn and Let's Grow!" with the help of our teachers, friends, and family who support us.



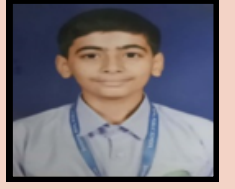
"Knowledge is Powerful"

Thank You
Aditya Samal
I B





ಸವಲತ್ತಿನ ಆಚರಣೆ



ಸವಲತ್ತಿನ ಆಚರಣೆ ಮಾಡುವುದು ಎಲ್ಲರ ಕೈ ತುತ್ತಲ್ಲ ಅದು ಕೆಲವರಿಗೆ ಮಾತ್ರ ಸಿಗುವಂತದ್ದು. ಅದನ್ನು ಉಪಯುಕ್ತವಾಗಿ ಬಳಸಬೇಕು.

ನಮಗೆ ಸಿಕ್ಕಿರುವ ಸೌಲಭ್ಯವನ್ನು ಒಳ್ಳೆಯ ರೀತಿ ಉಪಯೋಗ ಮಾಡಿ ಬೇರೆಯವರಿಗೆ ಮಾದರಿಯಾಗಬೇಕು. ನಮ್ಮಿಂದ ಇನ್ನೊಂದು ವ್ಯಕ್ತಿಯ ವಿದ್ಯೆಗೆ ಹಾಗೂ ಬೆಳವಣಿಗೆಗೆ ಉಪಯೋಗವಾದರೆ ನಮ್ಮ ಜೀವನ ಸಾರ್ಥಕವಾಗುತ್ತದೆ.

ನಾವು ಕೇವಲ ಓದು ಬರಹ ಮಾಡಿದರೆ ಸಾಲದು, ಇದರ ಜೊತೆಗೆ ನಾಲ್ಕು ಮಕ್ಕಳ ವಿದ್ಯಾಭ್ಯಾಸಕ್ಕೆ ಸಹಾಯ ಮಾಡಬೇಕು. ಅಂದರೆ ನಮ್ಮ ಪುಸ್ತಕವನ್ನು ಇನ್ನೊಬ್ಬರಿಗೆ ದಾನ ಮಾಡುವುದು, ಬಟ್ಟೆಗಳನ್ನು ದಾನ ಮಾಡುವುದರ ಮೂಲಕ ನಮ್ಮ ಸವಲತ್ತಿನ ಆಚರಣೆಯನ್ನು ಮಾಡಬಹುದು.

ಇತ್ತೀಚಿಗೆ ನಮ್ಮ ಶಾಲೆಯಲ್ಲಿ ಇದೇ ರೀತಿಯ ಕಾರ್ಯಾಚರಣೆ ನಡೆಯುತ್ತಿತ್ತು. ನಾವೆಲ್ಲರೂ ನಮ್ಮ ಮನೆಗಳಿಂದ ಏನಾದರೂ ಹೊಸ ವಸ್ತುಗಳನ್ನು ಖುಷಿಯಿಂದ ಕೊಟ್ಟಿವು. ಆದ್ದರಿಂದ ಇನ್ನೊಬ್ಬ ಮಗುವಿನ ವಿದ್ಯಾಭ್ಯಾಸಕ್ಕೆ ಸಹಾಯವಾಗುತ್ತದೆ. ಇದನ್ನೇ ಸವಲತ್ತಿನ ಆಚರಣೆ ಎನ್ನುವುದು.

ಪ್ರತಿಯೊಬ್ಬ ಮನುಷ್ಯ ಈ ತರಹ ಕೈಲಾದ ಸಹಾಯ ಮಾಡಿದರೆ, ನಮ್ಮ ದೇಶದಲ್ಲಿ ಬಡತನ ಅವಿದ್ಯಾವಂತ ಜನರು ಇರುವುದಿಲ್ಲ. ನಮ್ಮ ದೇಶ ಒಂದು ಮಾದರಿಯ ದೇಶವಾಗಬಹುದು. ಎಲ್ಲರೂ ದೇಶದಲ್ಲಿ ದೊಡ್ಡ ವ್ಯಕ್ತಿಯಾಗಿರಲು ಸಾಧ್ಯವಿಲ್ಲ, ಆದರೆ ಕಷ್ಟಪರಿಶ್ರಮ, ಪ್ರಾಮಾಣಿಕತೆ ಇದ್ದರೆ ದೊಡ್ಡ ವ್ಯಕ್ತಿಯಾಗಿ ತಮ್ಮ ಸವಲತ್ತನ್ನು ಆಚರಿಸಬಹುದು.

ಸಮೃದ್ಧ ಹೆಗಡೆ

6ನೇ ತರಗತಿ, 'ಎಫ್' ವಿಭಾಗ



ಸವಲತ್ತುಗಳನ್ನು ಆಚರಿಸುವುದು

ಸಮಾನತೆ ಅಥವಾ ತಾರತಮ್ಯವು ಪ್ರತಿಯೊಬ್ಬ ವ್ಯಕ್ತಿಯ ಸಮಾನ ಅವಕಾಶಗಳು ಮತ್ತು ಹಕ್ಕುಗಳನ್ನು ಪಡೆಯುವುದಾಗಿದೆ. ಸಮಾಜದ ಪ್ರತಿಯೊಬ್ಬ ವ್ಯಕ್ತಿಯು ಸಮಾನ ಸ್ಥಾನಮಾನ ಅವಕಾಶ ಮತ್ತು ಹಕ್ಕುಗಳಿಗಾಗಿ ಹಂಬಲಿಸುತ್ತಾರೆ. ಹಾಗಾಗಿ ಮನುಷ್ಯರ ನಡುವೆ ಸಾಕಷ್ಟು ತಾರತಮ್ಯಗಳಿವೆ ಎಂಬುದು ಸಾಮಾನ್ಯ ವೀಕ್ಷಣೆಯಾಗಿದೆ.



ಸಾಂಸ್ಕೃತಿಕ ವ್ಯತ್ಯಾಸಗಳು ಭೌಗೋಳಿಕ ವ್ಯತ್ಯಾಸಗಳು ಮತ್ತು ಲಿಂಗದ ಕಾರಣದಿಂದ ತಾರತಮ್ಯ ಅಸ್ತಿತ್ವದಲ್ಲಿವೆ. ಲಿಂಗವನ್ನು ಆಧರಿಸಿ ಅಸಮಾನತೆಯು ಇಡೀ ಪ್ರಪಂಚದಲ್ಲಿ ಪ್ರಚಲಿತದಲ್ಲಿರುವ ಒಂದು ಕಾಳಜಿಯಾಗಿ 21ನೆಯ ಶತಮಾನದಲ್ಲಿಯೂ ಸಹ ಪ್ರಪಂಚದಾದ್ಯಂತ ಮಹಾಪುರುಷರು ಮತ್ತು ಮಹಿಳೆಯರು ಸಮಾನ ಸವಲತ್ತುಗಳನ್ನು ಅನುಭವಿಸುವುದಿಲ್ಲ. "ವರ್ಲ್ಡ್ ಎಕಾನಮಿ ಕೋರಂ" ನ ಲಿಂಗದ ಅಂಕಿಅಂಶದ ಶ್ರೇಯಾಂಕದ ಪ್ರಕಾರ ಭಾರತವು 149 ದೇಶಗಳಲ್ಲಿ ಮೂರನೇ ಸ್ಥಾನದಲ್ಲಿದೆ. ಈ ಶ್ರೇಣಿಯು ಒಂದು ಪ್ರಮುಖ ಕಾಳಜಿಯಾಗಿದೆ. ಏಕೆಂದರೆ ಇದು ಪುರುಷರಿಗೆ ಹೋಲಿಸಿದರೆ ಮಹಿಳೆಯರಲ್ಲಿ ಅವಕಾಶಗಳಲ್ಲಿನ ಅಪಾರ ಅಂತರವನ್ನು ಎತ್ತಿ ತೋರಿಸುತ್ತದೆ.

ಭಾರತೀಯ ಸಮಾಜದಲ್ಲಿ ಬಹಳ ಹಿಂದಿನಿಂದಲೂ ಸಾಮಾಜಿಕ ರಚನೆಯ ಶಿಕ್ಷಣ, ಆರೋಗ್ಯ, ನಿರ್ಧಾರ ತೆಗೆದುಕೊಳ್ಳುವ ಕ್ಷೇತ್ರಗಳು, ಆರ್ಥಿಕ ಸ್ವಾತಂತ್ರ್ಯ ಮುಂತಾದ ಹಲವು ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ಮಹಿಳೆಯರನ್ನು ನಿರ್ಲಕ್ಷಿಸುತ್ತಿದೆ.

ಒಟ್ಟಾರೆ ಯೋಗಕ್ಷೇಮ ಮತ್ತು ರಾಷ್ಟ್ರದ ಬೆಳವಣಿಗೆಗೆ ಲಿಂಗ ಸಮಾನತೆಯ ಮೇಲೆ ಹೆಚ್ಚಿನ ಅಂಕಗಳನ್ನು ಗಳಿಸುವುದು ಅತ್ಯಂತ ನಿರ್ಣಾಯಕ ಅಂಶವಾಗಿದೆ. ಲಿಂಗ ಸಮಾನತೆಯಲ್ಲಿ ಕಡಿಮೆ ಅಸಮಾನತೆ ಹೊಂದಿರುವ ದೇಶಗಳು ಸಾಕಷ್ಟು ಪ್ರಗತಿ ಸಾಧಿಸಿದೆ. ಭಾರತ ಸರ್ಕಾರವು ಲಿಂಗ ಸಮಾನತೆಯನ್ನು ಖಚಿತಪಡಿಸಿಕೊಳ್ಳಲು ಕ್ರಮಗಳನ್ನು ತೆಗೆದುಕೊಳ್ಳಲು ಪ್ರಾರಂಭಿಸಿದೆ. ಹೆಣ್ಣು ಮಕ್ಕಳನ್ನು ಪ್ರೋತ್ಸಾಹಿಸಲು ಹಲವಾರು ಕಾನೂನುಗಳು ಮತ್ತು ನೀತಿಗಳನ್ನು ಸಿದ್ಧಪಡಿಸಲಾಗಿದೆ.

ಸುಮ್ಯ.ಎಮ್

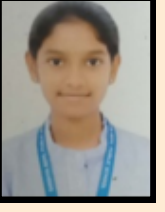
8 ನೇ ತರಗತಿ ಎಫ್ ವಿಭಾಗ.





ಸವಲತ್ತುಗಳನ್ನು ಆಚರಿಸುವುದು

ಹಿಂದಿನ ಕಾಲದ ರಾಜರ ಆಳ್ವಿಕೆಯಿಂದಲೂ ತಮ್ಮ ಪ್ರಜೆಗಳ ಶ್ರೇಯೋಭಿಲಾಷೆಗಾಗಿ, ಜನರ ಜೀವನ ಸುಲಭವಾಗಿಸಲು ಕೆಲವೊಂದು ಸೌಕರ್ಯಗಳನ್ನು ಅನುಭವಿಸಲು ಸವಲತ್ತುಗಳನ್ನು ಜಾರಿಗೆ ತರಲಾಗುತ್ತಿತ್ತು ಉದಾಹರಣೆಗೆ :ತೆರಿಗೆ ಸಡಿಲಿಕೆ ,ಧಾನ್ಯಹಂಚುವಿಕೆ ಮತ್ತು ಇತ್ಯಾದಿ ಸವಲತ್ತುಗಳನ್ನು ಜಾರಿಗೆ ತರಲಾಗುತ್ತಿತ್ತು .



ಅದರಂತೆಯೇ ಈಗಲೂ ಆಯಾ ದೇಶದ ಅಥವಾರಾಜ್ಯಗಳ ಈಗಿನ ಸರ್ಕಾರಗಳು ತಮ್ಮ ಪ್ರಜೆಗಳ ವಾರ್ಷಿಕ ವರಮಾನ , ವಿದ್ಯಾರ್ಹತೆ,ವಯೋಮಾನಗಳನ್ನು ಪರಿಗಣಿಸಿ ಅವರಿಗೆ ಅನುಕೂಲವಾಗುವಂತಹ ಸವಲತ್ತುಗಳನ್ನು ಜಾರಿಗೆ ತರಲಾಗುತ್ತಿತ್ತು

ಸವಲತ್ತುಗಳು ಹಲವು ವಿಭಾಗಗಳಲ್ಲಿ ಪರಿಗಣಿಸಬಹುದು ಅವುಗಳಲ್ಲಿ ಪ್ರಮುಖವಾದವು ---
ವಿದ್ಯಾಭ್ಯಾಸಕ್ಕೆ ಪೂರಕವೂ , ಜೀವನಾಂಶ ,ಕೃಷಿಕರಿಗೆ ಉತ್ತೇಜನವಾಗುವಂತಹದ್ದು ,ಸಣ್ಣ ಕೃಷಿ ಮತ್ತು ವ್ಯಾಪಾರ ಉತ್ತೇಜನ ಮತ್ತು ಮಹಿಳಾ ಸಬಲೀಕರಣ ಇತ್ಯಾದಿ,.

ವಿದ್ಯಾಭ್ಯಾಸಕ್ಕಾಗಿ ಸರ್ಕಾರವು ಸರ್ವಶಿಕ್ಷಣ ಅಭಿಯಾನವನ್ನು ಆರಂಭ ಮಾಡಿದೆ . ಇದರ ಅನುಸಾರ ಮಕ್ಕಳಿಗೆ ಉಚಿತ ಶಿಕ್ಷಣ ನೀಡುವುದು ,ಮಧ್ಯಾಹ್ನ ಬಿಸಿ ಊಟ ನೀಡುವುದು ,ವಿದ್ಯಾರ್ಥಿ ವಸತಿ ನೀಲಯಗಳು ಇವೆಲ್ಲವೂ ಮಕ್ಕಳ ಭವಿಷ್ಯಕ್ಕಾಗಿ ಆರಂಭಿಸಿರುವ ಸವಲತ್ತುಗಳು . ಇಂದಿನ ಮಕ್ಕಳು ನಾಳೆಯ ಉತ್ತಮ ನಾಗರಿಕರಾಗಲು ಶಿಕ್ಷಣ ಬಹುಮುಖ್ಯ .

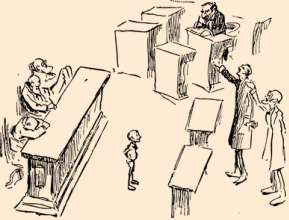
ವಯಸ್ಸಿದ್ದಾಗ ಕೆಲಸ ಮಾಡಿ ಅವರು ನಿವೃತ್ತರಾದ ಮೇಲೆ ಅವರಿಗೆ ಬದುಕು ನಡೆಸಲು ಪಿಂಚಣಿಯನ್ನು ನೀಡುತ್ತಾರೆ ಮತ್ತು ರೈತರಿಗೆ ಉಚಿತ ವಿದ್ಯುತ್ ನೀಡುತ್ತಾರೆ ಮಹಿಳಾ ಸಬಲೀಕರಣಕ್ಕಾಗಿ ಹಲವು ಯೋಜನೆಗಳನ್ನು ಜಾರಿಗೆ ತಂದಿದ್ದಾರೆ .

ಸವಲತ್ತುಗಳನ್ನು ಜಾರಿ ಮಾಡುವಾಗ ಸರ್ಕಾರವು ಕೆಲವು ಶರತ್ತುಗಳನ್ನು ಜಾರಿಗೊಳಿಸುತ್ತಾರೆ . ಅದನ್ನು ದಾಟಿ ಕೆಲವರು ಈ ಸೌಕರ್ಯವನ್ನು ದುರುಪಯೋಗಿಸುತ್ತಾರೆ. ಸವಲತ್ತುಗಳು ಅದರ ಫಲಾನುಭವಿಗಳಿಗೆ ದೊರೆಯಬೇಕು ಮತ್ತು ಅದರ ಉಪಯೋಗ ಅವರೇ ಪಡೆಯಬೇಕು. ಸವಲತ್ತುಗಳ ದುರುಪಯೋಗವಾಗದಂತೆ ಕ್ರಮಗಳನ್ನು ಕೈ ಗೊಳ್ಳಬೇಕು. ಕಠಿಣ ಶಿಕ್ಷೆ ಜಾರಿಗೊಳಿಸಬೇಕು ಮತ್ತು ನಾಗರಿಕರೆಲ್ಲರೂ ದುರುಪಯೋಗವಾಗದಂತೆ ಪಣ ತೊಡಬೇಕು .

ಪ್ರಧಾನಿ .ವಿ

7 ನೇ ತರಗತಿ ಡಿ ವಿಭಾಗ





Embarking on my First MUN Journey



Pratheeksha S Nair
VIII C

At approximately 7:30 on Saturday, we embarked on our journey, feeling a mixture of nerves and excitement as first timers unsure of what awaited us. Our destination was St Joseph's PU college, the venue for the MUN event.

Surprisingly, the Executive Board [EB] proved to be not only knowledgeable but also kind and understanding. The first day primarily consisted of General Speakers List [GSL] followed by a Moderated Caucus, formal debates among delegates. The MUN provided valuable insights into the unfamiliar topics, validating the tiresome pre - MUN research that significantly enriched my understanding of the agenda. The EB were not only incredible and spectacular but also approachable and helpful, guiding first timers through the MUN proceedings.

One of the highlights of my inaugural MUN experience was the opportunity to interact with a diverse group of delegates. Despite the initial nervousness during lobbying, I don't regret taking the initiative to engage with them. Some delegates became invaluable guides, not only for me but also for other fellow delegates allotted in my committee from Shishya BEML Public School. The speeches I recited during the MUN helped me confront my stage fright, while the debates offered more than just the knowledge of current global affairs – they provided insights into the root causes of various global issues.

Despite the sleepless nights dedicated to an in - depth research on my assigned country, Sweden, I recognized its importance for the greater good. The memories created during my first MUN will forever remain cherished, and I anticipate creating more such memories in the future MUN events.

Pratheeksha S Nair
VIII C



Step Up Day Prep II 2023 - 24

The Step up Day at Shishya BEML Public School on 2nd February 2024, was a harmonious celebration of achievements, with the ceremonial lighting of the lamp symbolizing the enlightening journey undertaken by our little graduates. The innocence of children echoed in the invocation dance and song, creating a day filled with heartfelt sentiments.

The principal's address took centre stage, encapsulating the poignant journey from nursery to Prep II reflecting on the growth witnessed in each child. Applause filled the air as certificates for the little graduates were distributed by esteemed chief guests and dignitaries, adding an extra layer of pride to the moment.

The Prep I children put on a captivating dance performance to celebrate the graduation of the Prep II children.

The former principal, our chief guest, graced the occasion with wisdom and congratulations, leaving valuable advice as a guiding beacon for the graduates stepping into a new chapter of life.



CONGRATULATIONS



Valedictory function Grade XII 2023- 24



The Valedictory function of Shishya BEML Public School was held on February,2,2024. The event served as a memorable occasion to bid farewell to the graduating batch and reflect on the collective achievements and experiences throughout the program. The event commenced with a warm welcome expressing gratitude to all attendees and setting the tone for the evening. The event was graced by Educationalist Ms. Jerry Brinda Solomon, Principal Army Public School, as the chief guest. Principal Ms. Tejashwini sankeshwar motivated the students through her inspiring words.

A semiclassical invocation dance was performed by the students of grades IX and X. Oath taking ceremony was administered. Emotional farewell messages were shared by Parents, students and faculty members, creating an emotional yet celebratory atmosphere. The speeches encapsulated the bond formed during the academic journey and wished the departing students success in their future endeavors.

Excellence awards were presented to the previous year batch of 2022-23 for academic performance. These awards were handed over by the Vice-principal to the students of grades X and XII for their outstanding performances in various subjects.

Grade XI presented a very meaningful song highlighting the importance and significance of hard work and perseverance. Chief Guest shared her invaluable insights and thoughts in her address to the gathering which were motivational and inspiring for the students and words of guidance for the parents as well.

A special segment expressed gratitude to the dedicated faculty and staff members who played a pivotal role in shaping the academic journey of the students. Their tireless efforts were acknowledged and appreciated.

Mr Vasudevan Natarajan addressed the gathering and shared his thoughts and experiences with the outgoing batch.

The valedictory function concluded with a sense of accomplishment, camaraderie, and nostalgia. It served as a fitting farewell, encapsulating the essence of the academic journey and creating lasting memories for all the students.



SAGA OF SUCCESS...

OUR ACHIEVEMENTS



Shishya BEML Public School has been selected for the JURY Award in the state of Karnataka in the category - Private School (Unaided)



Pratitee Bordoloi of grade V C
Gold medalist in the U12 Girls Commonwealth Chess Championship 2024



Pavin Meda Raghavendra of grade IX C
Gold medalist of India Hip hop dance championship 2024



Shishya BEML Public School has received Gold medal in Hindi Olympiad



School Achievements



THE TIMES OF INDIA RANKING OF SHISHYA BEML PUBLIC SCHOOL

We are very proud to announce that our school has secured a top-ranking position among the best schools in Bangalore for the academic year 2023-2024. It is indeed a celebratory moment for SHISHYA BEML as it has achieved the prestigious position in the Times of India survey. It is a special moment to acknowledge the collaborative efforts of the school administration, teaching, and non-teaching staff members who exhibited phenomenal efforts to achieve academic excellence. Therefore, considering the same, we will take our esteemed institution to achieve greater heights in the future.

Times School SURVEY EDITION Sunday, November 26, 2023, Bangalore

TIMES SCHOOL SURVEY 2023-24
THE OBJECTIVE OF THIS RESEARCH WAS TO RANK THE TOP SCHOOLS CATEGORY WISE IN BANGALURU

CBSE CURRICULUM*	
SCHOOL NAME	RANK
DPS Bangalore East, Dommasandra	1
National Public School, Indiranagar	1
DPS Bangalore South, Kanakpura Road	2
DPS Bangalore North, Jalsa Hobli	3
Presidency School, Bangalore South-Bilekahalli	3
Treamis World School, Electronic city	4
Nagarjuna Vidyaniketan	5
Sri Sri Ravishankar Vidya Mandir, Kachamaranahalli	6
Amrita Vidyalayam, Bengaluru	7
Silicon City Academy Of Secondary Education, Konanakunte	8
Alpine Public School, Bangalore South	9
National Hill View Public School, R.R. Nagar	10
Vyasa International School, Vidyanarayapura	11
Ryan International School, Bannerghatta	12
AIECS Magnolia Maaruti Public School, Bannerghatta Road	13
SHISHYA BEML Public School, Thippasandra	14

TOP SCHOOLS ZONEWISE - CBSE CURRICULUM	
CBSE - INDIRANAGAR PLUS	
SCHOOL NAME	RANK
National Public School, Indiranagar	1
SHISHYA BEML Public School, Thippasandra	2

OLYMPIAD CHAMPIONS

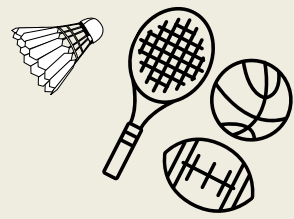


The Olympiad is a global competition that celebrates excellence, encourages curiosity, and offers a platform for the brightest minds to showcase their talents. Hence, our students have always excelled in Olympiads. Their thirst for knowledge and learning is reflected in their meritorious performances. The English, Mathematics, Hindi, Science, International Informatics, and General Knowledge Olympiads witnessed grand participation and equally laudable results. Indeed, it was a proud moment for the school fraternity to receive awards, certificates, medals (gold & silver), and trophies for our students' excellent performance and results.





Our Sports Stars



Team Shishya in Interschool skating tournament



Football under 13 boys runner up



ARTISTIC EXTRAORDINARY



Gratitude note from Editorial Team

Let's create a positive and everlasting cycle of gratitude and abundance to attract more blessings by expressing our sincerest gratitude to our Principal Mrs Tejashwini Sankeshwar, Vice Principal Mrs Bindu Lekha and to all who contributed significantly with their optimistic support and empowering guidance to publish this final edition of the school Newsletter of the year 2023-2024 .

Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.

- Melody Beattie



- Maria Leiona
- Manju Sharma
- Prathibha P
- Lekshmi Priya
- Pinky Baruah
- Niji Sudhin
- Shagun Sehji
- Nishilpta Nayak
- Sunitha K
- Shakeela M

Unity is strength...when there is teamwork and collaboration, wonderful things can be achieved.

-Mattie Stepanek

Thank You